



# Whole Robeson Together: Developing a Support Group for Pregnant Mothers and Mothers of Young Children



**Mothers +  
Providers  
Recruited**

## CALL TO ACTION

**1 in 7 women experience a maternal mental health disorder and 61% of U.S. rural areas experience a mental health professional shortage.** We must address maternal emotional health and well-being during pregnancy and early childhood to improve health and developmental outcomes for families.

## COMMUNITY PRIORITIES

- Emotional Health
- Health Equity
- Well-Being
- Access to Quality Care
- Safety
- Resiliency
- Social Support
- Resources
- Belonging

## MOTHERS SAY THEY NEED



## SUCCESS STORY

**MiPHOTOS: *From mothers, for mothers*** developed from a community based participatory Photovoice project with pregnant and parenting mothers who identified the need for a support group for mothers defining health & emotional well-being as a success metric.

## PROJECT PARTNERS

Robeson County Mothers + Providers, Healthy Start Robeson, Robeson County Department of Public Health, Robeson Health Care Corporation, Nurse Family Partnership, UNC School of Social Work, UNC Psychology/Neuroscience

**WHOLE COMMUNITY CONNECTION:** *A healthy, thriving NC for all through community-academic partnerships*

**FOR MORE INFORMATION, VISIT [WCC.UNC.EDU](http://WCC.UNC.EDU)**