Whole Robeson Together: Developing a Support Group for Pregnant Mothers and Mothers of Young Children

CALL TO ACTION
1 in 7 women experience a maternal mental health disorder and 61% of U.S. rural areas experience a mental health professional shortage. We must address maternal emotional health and well-being during pregnancy and early childhood to improve health and developmental outcomes for families.

SUCCESS STORY
MiPHOTOS: From mothers, for mothers developed from a community based participatory Photovoice project with pregnant and parenting mothers who identified the need for a support group for mothers defining health & emotional well-being as a success metric.

PROJECT PARTNERS
Robeson County Mothers + Providers, Healthy Start Robeson, Robeson County Department of Public Health, Robeson Health Care Corporation, Nurse Family Partnership, UNC School of Social Work, UNC Psychology/Neuroscience

WHOLE COMMUNITY CONNECTION: A healthy, thriving NC for all through community-academic partnerships

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